

PRONOIA

Jl. Segara Wangi No.36, Jimbaran,  
Kec. Kuta, Kabupaten Badung, Bali  
80361

# MENU 2025



# PRONOIA

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## ALL DAY BREAKFAST

### The Classic Breakfast

2 Eggs your way, toasted sourdough, green bean smash, bacon, grilled tomato >> Add extra Egg 15 >> Add extra Bacon 20

85

### Avocado on Toast

Grilled sourdough topped w avocado guacamole, Feta cheese, oven dried tomatoes and poached egg >> Add extra Egg 15 >> Add extra Bacon 20 >> Add extra smoked Salmon 65

85

### Eggs Benedict \*Available until 1PM

Toasted English muffin topped with spinach, 2 poached eggs & Hollandaise sauce >> Add extra Bacon 20 >> Add extra smoked Salmon 65

85

### Coconut & Banana Pancakes

Berry sorbet

75

### Pronoia Energy Bar

Granola, sesame seed, honey, dates, figs, shredded coconut, peanut butter, chocolate chips & raw cocoa nibs

35

## GLUTEN FREE

### Shakshuka

Two skillet eggs cooked in tomato sauce with organic kale, sautéed sweet pepper crumbled Feta cheese, fresh herbs & toasted sourdough

95

### Jimbaran Smoothie Bowl

Dragon fruit, granola, Chia seeds, coconut, banana, papaya, mango, goji berry cashew nuts & pumpkin seed

85

### Fruit Bowl

Freshly sliced Tropical

55

55

>> Add : Egg 15 / Streaky Bacon 20 / Guacamole 25 / Chicken 35

>> Add : Minded Beef 45 / Seared Tuna 55 >> Smoked Salmon 65



Vegetarian



Gluten Free



Contains Pork

All prices shown are in Indonesian rupiah quoted in '000' and  
subject to 7% service charge and 10% government tax.



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## ALL DAY MENU

### SALAD & BOWL

#### Pronoia Salad

Organic quinoa, roasted pumpkin, beetroot, edamame, dried tomatoes, lettuce, grilled onion, crispy mozzarella, pickled ginger, kale pesto, cashew, lime

>> Add Chicken 35 >> Add seared Tuna 55 >> Add smoked Salmon 65

95

#### Tuna Tataki Bowl

Pan seared tuna, poached egg, sesame & peanut dressed buckwheat noodles, Asian slaw, pickled ginger, toasted nori, Togarashi spices

115

#### Poke Bowl

Steamed rice, mango, avocado, green lettuce, Tempe, cucumber, nori, pickled ginger, fresh lime, Dynamite sauce & Soya sauce

>> Add Chicken 35 >> Add seared Tuna 55 >> Add smoked Salmon 65

85

#### Caesar Salad

Romaine lettuce, egg, bacon bite, garlic crouton, Parmesan Grana Padano & fresh herbs tossed with our Caesar sauce

>> Add Chicken 35 >> Add seared Tuna 55 >> Add smoked Salmon 65

85

## MAINS

<b>Club Wrap</b> 	105
Chicken, streaky bacon, tomato, mango, red onion, romaine lettuce, Pronoia sauce, French fries	
<b>Chicken Burger</b>	125
Crispy chicken breast, cole slaw, onion jam, Chipotle sauce, sweet potato wedges	
<b>Spaghetti Bolognese</b>	95
"Barilla" spaghetti tossed w parsley and garlic, tasty bolognese sauce	

>> Add : Egg 15 / Streaky Bacon 20 / Guacamole 25 / Chicken 35

>> Add : Minded Beef 45 / Seared Tuna 55 >> Smoked Salmon 65



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# POOL SIDE SNACKS

<p><b>Nachos</b>  </p> <p>Melted mozzarella, sour cream, guacamole, tomato salsa, Mexican beans, Jalapeno chilies, coriander &gt;&gt; Add Beef 40 &gt;&gt; Add Chicken 35</p>	85
<p><b>Mahi-Mahi Fritters</b></p> <p>Crispy crumbed fish bites, Thai sweet &amp; sour sauce, aioli sauce</p>	65
<p><b>Salt &amp; Pepper Jimbaran Squid</b></p> <p>Crispy squid, Thai sweet &amp; sour sauce, aioli sauce</p>	85
<p><b>Mini Beef Burgers Trio</b></p> <p>Monterey Jack cheese, tomato, lettuce, red onion, Dijon mustard, ketchup</p>	105
<p><b>French Fries or Sweet Potato Wedges</b>  </p> <p>Aioli &amp; ketchup</p>	45
<p><b>Mexicain Quesadilla</b> </p> <p>Roasted Pita w melted mozzarella, sour cream, guacamole and tomato salsa &gt;&gt; Add Beef 40 &gt;&gt; Add Chicken 35</p>	75
<p><b>Crispy Mozzarella Stick</b> </p> <p>Melted Mozzarella cheese w homemade tomato salsa</p>	65

>> Add : Egg 15 / Streaky Bacon 20 / Guacamole 25 / Chicken 35  
>> Add : Minded Beef 45 / Seared Tuna 55 >> Smoked Salmon 65



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## SWEET CORNER

<p><b>Jimbaran Smoothie Bowl</b> 🌱</p> <p>Dragon fruit, granola, chia seeds, coconut, banana, papaya, mango, goji berry cashew nuts, pumpkin seed</p>	85
<p><b>Coconut &amp; Banana Pancakes</b></p> <p>Berry sorbet</p>	75
<p><b>Gelato Scoop</b> 🌱</p> <p>Vanilla, Strawberry, Chocolate</p>	35
<p><b>Sorbet Scoop</b> 🌱</p> <p>Berry Sorbet</p>	35
<p><b>Pronoia Energy Bar</b></p> <p>Granola, sesame seed, honey, dates, figs, shredded coconut, peanut butter, chocolate chips &amp; raw cocoa nibs</p>	35
<p><b>Fruit Bowl</b> 🌱</p> <p>Freshly sliced Tropical fruits</p>	55

## PRONOIA SWEET BITES <sup>NEW</sup>

<p><b>Mango Cheesecake</b></p> <p>Buttery biscuit base, creamy mango-infused cheesecake, tropical mango coulis</p>	75
<p><b>Chocolate Brownie</b></p> <p>Rich dark chocolate, toasted walnuts, velvety cocoa ganache</p>	75
<p><b>Carrot Cake with Glazed Cream Cheese</b></p> <p>Spiced carrot sponge, crunchy pecans, smooth glazed cream cheese frosting</p>	75



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## DRINKS

### Soft Drinks

Aqua Still (330ml)	30
Aqua (1500ml)	45
Balian Sparkling (330ml)	35
Lemon & Litchee Ice tea	35
Orange juice, Watermelon juice, Mango juice, Apple juice, Pineapple juice, Cranberry juice	40

### Carbonated Drinks

Coca Cola, Coke Zero, Soda Water, Tonic Water, Sprite	25
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### Coffee by Javabica

Espresso, Americano, Piccolo	30
Cappuccino, Latte, Flat White, Matcha Latte	40

### Tea by Ronnefeldt

Earl Gray, Chamomile, English Breakfast, Red berries, Peppermint, Classic green, Jasmine	35
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### Hot Chocolate

35

## HEALTHY

### ABC Vitamin and immune booster

Apple, beetroot, carrot, orange juice, ginger	55
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### Green Flash Detox & Anti-oxidant

Parsley, celery, coriander, Spirulina, Apple juice	65
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### Belly Buster Weight Loss

Pineapple, orange juice, spinach, coconut water, ginger, cinnamon	55
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### Young Coconut Mineral & Anti-oxidants

30

## PROTEIN

### Pronoia Shake

Protein booster	65
Vanilla or chocolate protein, Water, banana, dates, peanut butter	

### Dalgona Shake

Protein & Caffeine	65
Vanilla protein shake topped with Rich Coffee cream	

### Berry Blast Shafie

Protein & Anti-oxidants	65
Vanilla protein, Berry sorbet, banana, Granola mix & Chia seed	

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## ALCOHOLS

### Beer & RTD

Bintang, Bintang Radler	40
San Miguel Pale Ale, San Miguel Light	45

### N/V Cape Discovery - Bali

	GLS	BTL
Sauvignon Blanc	65	300
Shiraz	65	300
Rose	65	300
Brut Sparkling	65	300

### White Wine

Ohau Graves, Woven Stone – New Zealand Te Mata Estate, Hawkes Bay – New Zealand Selbach Oster – Germany	Sauvignon Blanc	580
	Chardonnay	690
	Riesling Gruner	890

### Red Wine

Kaiken Estate – Argentina Vina Setsquare	Malbec	580
– Chile	Pinot Noir	550
De Bortoli - Sacred Hills – Australia	Cabernet, Merlot	450

### Sparkling Wine

Jean Pierre Celebration – Australia Jean Pierre Celebration – Australia	Sparkling brut	580
	Sparkling Rose	580

### Cocktails

<b>Mojito</b> , Rum, Fresh mint, Sugar, Lime, Soda Water	90
<b>Gin &amp; Twist</b> , Gin, Cucumber, Fresh basil & lime, Tonic water	90
<b>Aperol Spritz</b> , Aperol, Strawberries, Orange, Sparkling wine, Soda	90
<b>Espresso Martini</b> , Vodka, Crème de Cacao, Espresso	90
<b>Sangria</b> , Red or White Wine, Vodka, Fresh fruits, Fresh juice, Sprite	90

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